



## Availability of Physical Education Facilities and It's Effects on Sports Performance

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### INTRODUCTION

In order to understand the origin and it has been considered more befitting to give introduction to the place and people of the area where the subjects of the present study lived.

Delhi is an ancient city of India and its name was "Indraprastha". At present Delhi has two tehsils- Delhi and Mehrauli. The history of India divided into various ages and periods.

In educational field, a vast infrastructure of educational institutes is provided in urban and rural area, to the capital of the country. Due to geographical background the efforts are being made by government agencies to provided the basic facilities to the people in all fields, especially in education, the Govt. bodies are responsible to control, and govern the primary and higher education e.g.

Directorate of Education and Educations Department of Municipal Corporation of Delhi in both urban and rural areas.

### RESEARCH OBJECTIVES

To appraise the present sports and physical education facilities and its relationship to sports performance in different government and public girls schools of Northern Delhi. Compare the sports performance of the students with relation to facilities available to find out the possibilities of improvement with the present facilities and performance.

### Subjects

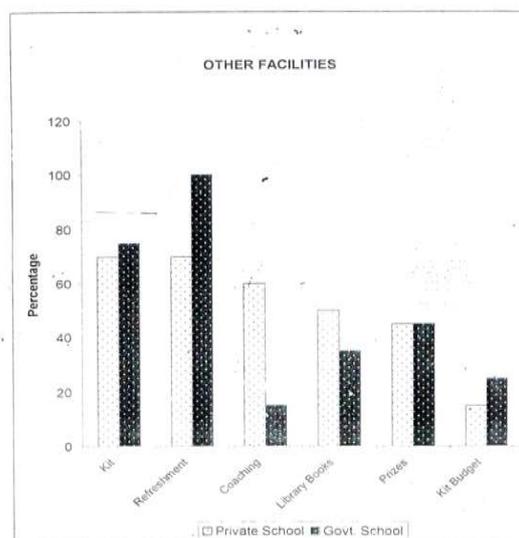
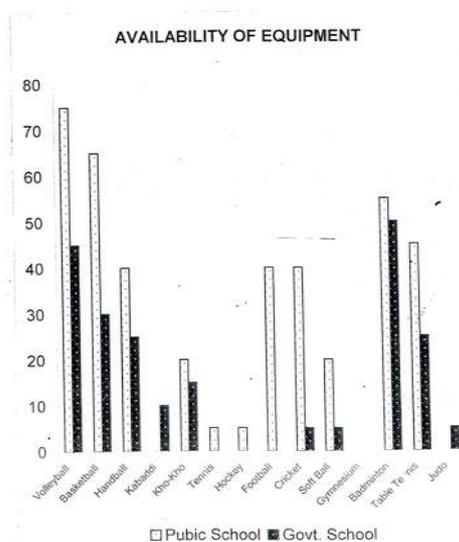
Girls students of the twenty govt. and twenty Public Senior Secondary schools of the North Delhi.

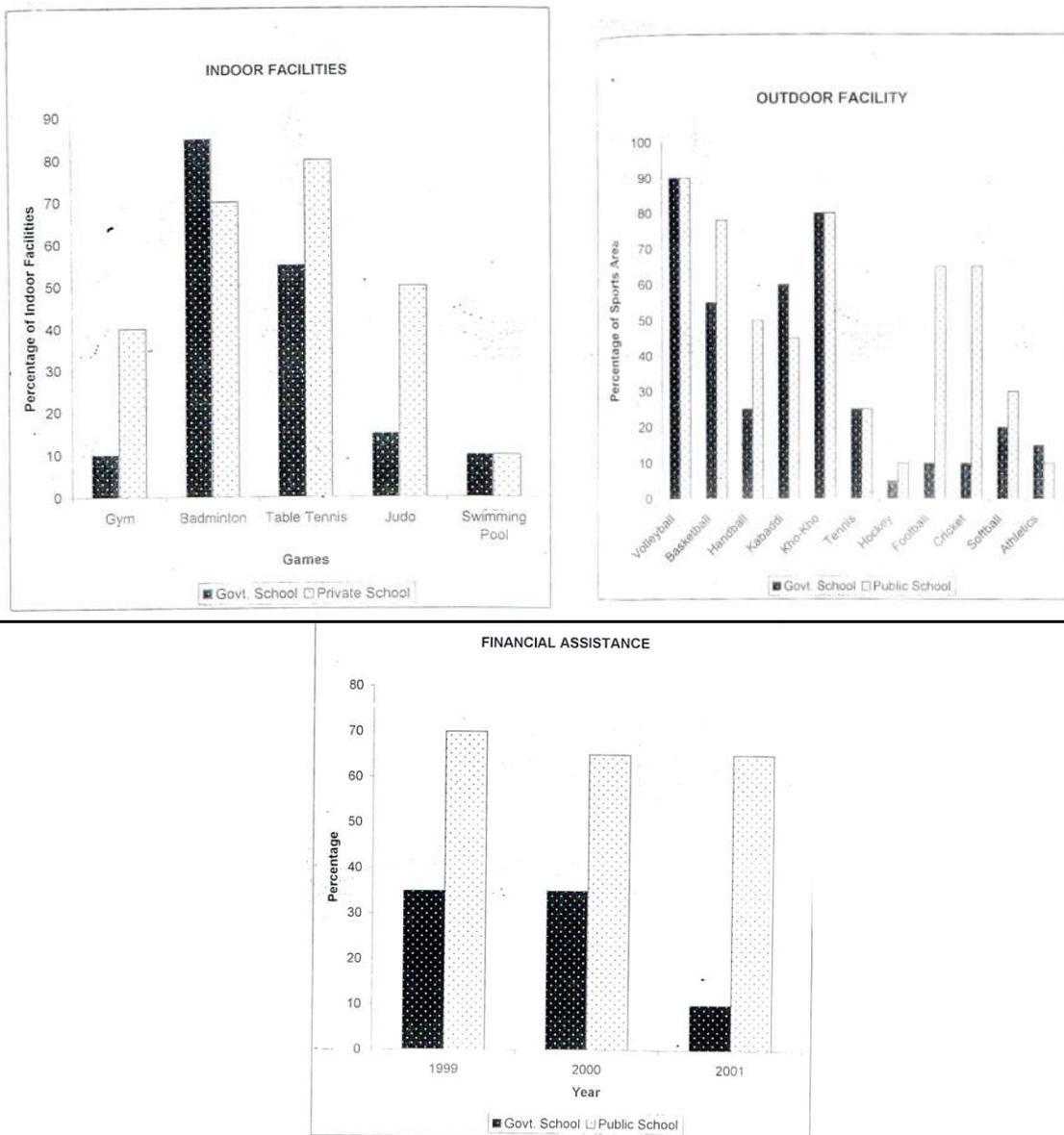
### Research Design

Self prepared question ire was used for collecting the following information:- financial assistance, availability of sports area, sports equipments and manpower, conduct of school competition and achievements etc.

**Statistical Procedure:-** Descriptive statistical technique has been used to summaries the performance and facilities and to interpret the scores. Various bar diagrams were made on the basis of the data gathered from various school through questionnaire.

### Bar Diagrams





**CONCLUSIONS**

The following conclusions may be drawn from the present study:

- (1) The players performance depends upon the availability of facilities.
- (2) Financial assistance plays a major role for the availability of facilities, like Public Schools get the more financial assistance as compare to Govt. Schools. So they have better facilities.
- (3) Mainly facilities effect the performance at the higher level. One cannot do better in a long run if does not have sufficient facilities.
- (4) Apart from the facilities the socioeconomic status, job security, family attitude towards sports effects the performance of the players.
- (5) Teacher should be role model for the students. Teacher can generate the positive attitude of students towards sports. Teacher student ratio should be proportionate.

**RECOMMENDATIONS**

On the basis of the present study, the following points are strongly recommended:

1. There should be coaching classes of various games which were neglecting specially in Govt. School
2. It is recommended that school management should organize seminars and conferences to make the population aware of the benefits of sports.
3. More facilities manpower and opportunities should be provided in the schools.

4. The students participating in sports of Govt. School must be encouraged by providing them financial help.

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